



SEASON 2015 - 2016



St. Julian's Rugby Club is a non-profit-making club, based at St. Julian's School in Carcavelos but open to any young player from the local community.

The Club is an affiliated member of the Portuguese Rugby Federation and enters teams at six age groups in tournaments and social events, as well as organising foreign tours and/or overnight trips for all age-groups.

Our main aim is to enable players of all abilities and levels of experience to play rugby for the fun and enjoyment of the game itself.

An international team of qualified rugby coaches from Portugal, Britain, Ireland, Spain, Holland, South Africa and New Zealand provide the coaching .

The emphasis is on developing teamwork, skills and fitness levels, as well as traditional rugby values of sportsmanship, courage, self-discipline and respect.

ENROL ONLINE



Age group	Year of birth	Training			Season	
		Day 1	Day 2	Starts	Ends	
SUB 8	2008/2009	Monday 4.15 - 5.15 pm	Wednesday 4.15 - 5.15 pm	7th Sept.		
SUB 10	2006/2007	Monday 4.15 - 5.30 pm	Wednesday 4.15 - 5.30 pm	7th Sept.	May 2016	
SUB 12	2004/2005	Monday 4.15 - 5.30 pm	Wednesday 4.15 - 5.30 pm	7th Sept.		
SUB 14	2002/2003	Wednesday 4.15 - 5.45 pm	Friday 4.15 - 5.45pm	9th Sept.		
Age group	Year of birth	Day 1	Day 2	Day 3	Starts	Ends
SUB 16	2000/2001	Monday* 4.15 - 5.30 pm	Wednesday 4.15 - 5.45 pm	Friday 4.15 - 5.45 pm	7th Sept.	May/June 2016
SUB 18	1998/1999	Monday* 4.15 - 5.30pm	Tuesday 7.30 - 9.00 pm	Thursday 7.00 - 8.30 pm	7th Sept.	

* Strength / Fitness (gym)

FEE STRUCTURE

SEASON FEE	Payable by all players	€ 250
EXTRA INSURANCE COVER	Payable by Sub 16 and Sub 18 players only	€ 50
PAYMENT OPTIONS	Full payment in September or 50% in September + 50% in January	

FURTHER INFORMATION:

Call **96 632 1645 / 91 410 46 70**

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